

CHEMICAL SKIN PEELS FAQ's

What are Chemical / Skin Peels?

Chemical peels produce injury to the skin that is controlled to promote new skin growth therefore an improved appearance. A variety of chemicals can be used as peeling agents and include glycolic, trichloroacetic (TCA), salicylic and resorcinol. The different chemical solutions produce different degrees of injury to the skin.

What are Chemical / Skin Peels used for?

Chemical peels are used for the treatment of photo-aging (from sun damage), wrinkles, scarring, and uneven skin tone (including melasma, freckles and age spots).

How are Chemical / Skin Peels performed?

There are numerous chemical peels and each one is performed differently. In general, chemical peels usually begin with vigorous cleansing of the skin, followed by application of the appropriate peel.

How long do Chemical / Skin Peels take?

Most peels can be performed within a few minutes, depending on size of the area being treated.

What will my skin feel like after the peel?

The state of your skin after a peel depends on the type of chemical used and your skin type. Superficial peels have limited effects. Medium peels may cause some redness and the deeper peels may require 10-14 days to recover

How many peels will I need?

Generally superficial chemical peels are done once every 2-3 weeks (with some superficial ones done every 7-10 days) until the desired results are achieved. Maintenance peels can then be performed once every couple of months.

How long do the results last?

Depending on the peel and skin concern, with good sun protection, results can last months, even years. This is dependent upon the depth of the peel. The deeper peels generally provide a long-lasting effect.

What are the risks?

Superficial peels are quite safe, although minor irritation of the skin may occur. The risk of deep peels can include infection, scarring, redness, and discoloration. During a very deep peel (administered under the care of a physician only), anaesthesia should be used.

How much is the treatment?

£50 - £120 Courses are available

Please check with your GP if you have any of the following, before booking your treatment: If you have any medical issues or on any medication.

<i>Pre Treatment</i>	<i>Post Treatment</i>
<p>For optimum results your skin will usually be treated two – four weeks prior to the treatment. (Dependent on the type of peel)</p> <ul style="list-style-type: none"> ❖ Do not shave/exfoliate or use depilatory creams prior to the treatment. <p>We recommend that you avoid the following one week prior to your treatment:</p> <ul style="list-style-type: none"> ❖ Facial waxing ❖ Sun exposure ❖ Sun beds ❖ Heat treatments <p>We recommend that you avoid the following four days prior to your treatment:</p> <ul style="list-style-type: none"> ❖ Any vitamin A products ❖ Any products containing AHA (alpha hydroxyl acids) or BHA (beta hydroxyl acids) 	<p>Your skin may feel tight for a couple of days after your skin peel. This is a positive result. You may also notice a mild peeling. These changes can occur up to seven day following the treatment.</p> <p>For 24 to 48 hours:</p> <ul style="list-style-type: none"> ❖ Do not pick or peel the shedding skin ❖ Do not scrape or scratch the skin ❖ Do not expose the skin to sunbeds/heat treatments ❖ Avoid swimming pools /jacuzzi's ❖ Avoid any activity that may cause you to sweat <ul style="list-style-type: none"> ❖ SPF to be worn at all times <ul style="list-style-type: none"> ❖ If you have any irritation, rinse thoroughly, use cold compresses and call Skin Dedication Ltd. If it persist or is very severe contact your GP, see a pharmacist or visit A&E.