

Radio Frequency Skin Tightening FAQ's

What is Radio Frequency (RF Therapy)?

Radio Frequency produces two or three current depending on whether it is Bi polar or Tri Polar. They are used to tighten and induce collagen production for skin tightening, wrinkle reduction, acne scarring and to minimise pores. The treatment can be performed on the body or the face.

Treatment Areas:

Face, eyes, around the mouth, and jowls.

Upper and Lower Abdomen, Hips, Love Handles, Inner and Outer Thighs, Upper Arms, Knees, Bra and Backs Rolls, Buttocks and Baby Bulge.

What to expect from Radio Frequency

Radio Frequency is very relaxing. You will experience a warm and sometimes tingling sensation as the RF head moves over the skin.

Radio Frequency benefits:

Tightens the skin, improves collagen, wrinkle reduction, improves scarring, contract pore, a brilliant treatment to combine with Ultrasound Cavitation and cellulite.

Is it painful?

No, it should never be uncomfortable. You may sometimes feel slight warmth or tingling.

Do I have to have to be a specific size or have a specific amount of loose skin to use Radio Frequency?

No there is no specific size; the best thing to do is arrange a free consultation so we can discuss the realistic outcomes. As you would expect, the looser skin, the more treatments that you are likely to need. If you are losing weight, the way to get best results is to have Radio Frequency simultaneously so the skin is tightened in line with you losing weight to reduce the likelihood of excessive skin.

PLEASE CHECK WITH YOUR GP PRIOR TO TREATMENTS IF YOU ARE ON ANY MEDICATION OR HAVE AND MEDICAL ISSUES

How many treatments will I need?

We recommend a treatment course of 6-20 sessions for optimal results

When will I see results?

You should see immediate tightening and this will improve gradually over 2 to 6 months after your treatment.

How long will it last?

This varies from person to person. The results may last 24 months

Timings

Your appointment time will vary depending on your consultation, photos and measurement taking, so please allow between 45 minutes to 2hrs when scheduling your appointment. You will be expected to have 2 treatments a week to begin with for maximum results.

Post Treatment Advice

- ❖ Drink plenty of water
- ❖ Avoid excessive exercise for 24hrs
- ❖ Avoid saunas, steam or any other heat treatment for 24hrs
- ❖ Do not apply any AHA's e.g Glycolic or retinol products for 24-72hrs (facial treatments)
- ❖ Follow a healthy diet and exercise to support your body treatments

How much will it cost?

£55 - £500 depending on the treatment area.